

LGBTQIA+SERVICES

PFLAG Homewood-Flossmoor

Homewood, IL

Support for LGBTQIA persons, family, friends and allies

<http://www.pflaghomewoodflossmoor.org/>

PFLAG Michigan City

Michigan City, IN

219-561-0968

Support for LGBTQIA persons, family, friends and allies

mcpflag@gmail.com

PFLAG Valparaiso

201 Washington St

Valparaiso, IN

219-309-8794

Support for LGBTQIA persons, family, friends and allies

valpopflag463@gmail.com

The Trevor Project

West Hollywood, CA

866-488-7386

National Hotline (also has chat on the website)

<https://www.thetrevorproject.org/>

The Trevor Project

PO Box 69232

West Hollywood, CA

510-725-7764

Somos Familia

Oakland, CA

510-725-7764

Support for Latinx families en Español

Outcare Health Nationwide

Nationwide

LGBTQIA+ Healthcare Resource

<https://outcarehealth.org>

National Suicide Prevention Lifeline

Nationwide 24/7

988

<https://www.outcarehealth.org/>

Emotional Crisis Support & Suicide Prevention

<https://988lifeline.org/>

LGBTQIA+SERVICES

Crisis Text Line

Nationwide, 24/7

text HOME to 741741

Emotional Crisis Support, Mental Health Counseling

<https://www.crisistextline.org/>

Trans Lifeline

548 Market St., PMB 15337

San Francisco, CA

877-565-8860

Nationwide

Trans peer support by and for trans people. English & Spanish.

<https://translifeline.org/>

LGBT National Hotline

2261 Market Street #296

San Francisco, CA

888-843-4564

Nationwide

Hours 1:00 pm – 8:00 pm Monday - Friday, 11:00 am – 4:00 pm Saturday

Phone support for persons of any age can discuss LGBT life issues.

<https://lgbthotline.org/national-hotline/>

Pride Institute

14400 Martin Drive

Eden Prairie, MN

952-934-7554

LGBTQ Substance Abuse Rehab and Mental Health Services

<https://pride-institute.com/>